

## LOCATION & HOURS

The Gait Center  
2034 Dabney Road, Suite D  
Richmond, VA 23230

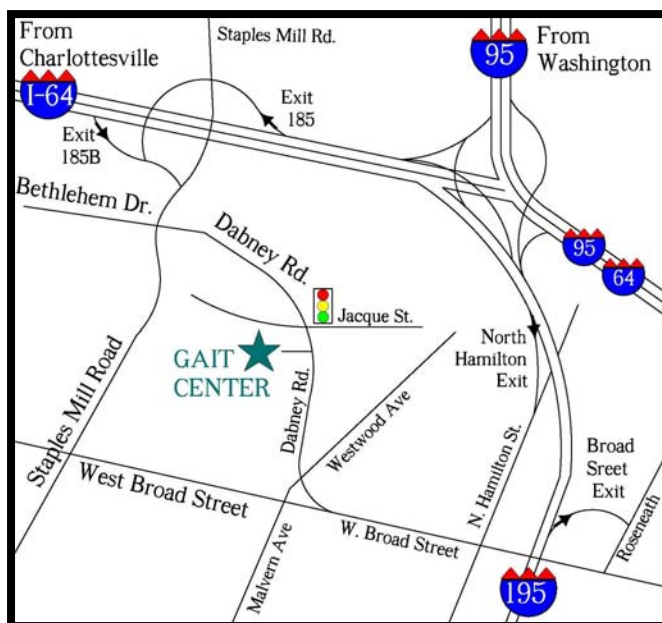
804.523.2653 phone  
804.767.4415 fax

Office hours: 8:00am – 5:00pm

## DIRECTIONS

### From the West End, Goochland, and Charlottesville:

- 64 East
- Take Exit 185B onto US-33 (Staples Mill Rd.)
- Turn left onto Bethlehem Road. Travel about .4miles (See church on left side at Bethlehem Rd.)
- Bethlehem Rd. will turn into Dabney, drive until you come to traffic light.
- Go straight through light. We are the 3rd entrance on right once you go through traffic light.



### From Chesterfield, Hull St (360), Midlothian Turnpike (60):

- VA-150 N / CHIPPENHAM PKWY toward I-95 N.
- Merge onto VA-76 N Powhite Pkwy (after Janke Rd. exit)
- Remain on VA-76 N Powhite Pkwy ( Once you go through Toll and over bridge stay to left side VA-76N Powhite Pkwy, Don't go to the right side it will bear onto I-195 Downtown expressway)
- Take the Broad Street exit, you will ramp onto Clay Street.
- Take 1<sup>st</sup> Right turn onto Roseneath Road.
- Turn Right at First Stop light onto Broad Street.
- Approx. 1/2 mile Turn Right at light onto Westwood Avenue (Mr. Submarine will be on corner)
- Take First Left onto Dabney Rd.
- Travel .3 mile on Dabney Rd. Our building is on the left...just before the 1st Stop Light. Signage on marquee.

### **From Chester, Petersburg, Hopewell :**

- 95 North
- Take Exit 79 (64 West/ Powhite Pkwy)
- Take Left Exit onto Powhite/Downtown Expressway
- Take 1st Exit- Hamilton Street, Bear right onto Hamilton St.
- Turn Right at First Stop light onto Broad Street.
- Approx. 1/4 mile Turn Right at light onto Westwood Avenue (Mr. Submarine will be on corner)
- Take First Left onto Dabney Rd.
- Travel .3 mile on Dabney Rd. Our building is on the left...just before the 1st Stop Light. Signage on marquee.

### **From Tappahannock, Warsaw:**

- 360 South
- Turn right onto East Laburnum Ave. (4.3 miles)
- Turn left onto Saunders Ave. (.4 miles)
- Keep Straight on to Westwood Ave. (.6 miles)
- Turn right onto Dabney Rd. (.2 miles)
- Travel .3 mile on Dabney Rd. Our building is on the left...just before the 1st Stop Light. Signage on marquee.

### **From Ashland, Doswell, Fredericksburg, Northern Va.:**

- 95 South
- Take Exit 79 (64 West/ I-195 S/Powhite Pkwy)
- Stay on Left side of exit ramp...Take Immediate Left Exit 186 onto ( I -195 S via on the toward US-60 / POWHITE PKWY / US-360 W).
- Take 1st Exit- Hamilton Street, Bear right onto Hamilton St.
- Turn Right at First Stop light onto Broad Street.
- Approx. 1/4 mile Turn Right at light onto Westwood Avenue (Mr. Submarine will be on corner)
- Take First Left onto Dabney Rd.
- Travel .3 mile on Dabney Rd. Our building is on the left...just before the 1st Stop Light. Signage on marquee.